

Holding Space for a Changing World



DATE:

September 20-22, 2019

5:00 pm Friday to 2:00 pm Sunday

VENUE:

The Monastery

15 Cross Road, Glen Osmond, Adelaide, 5064 Australia

COST:

\$675 – all inclusive of materials, food and accommodation in a single occupancy room with shared bathrooms. \$600 Early Bird Rate available until 20th August 2019.

A deposit of \$100 is payable upon registration.

**How do we learn courageously to hold space for change and the uncertainty it brings,
rather than rushing forward or falling back?**

Only in growth reform and change (paradoxically enough) is true security to be found.

Anne Morrow Lindbergh

Confusion is a word we have invented for an order which is not yet understood.

Henry Miller

Life is the only real counsellor. Edith Wharton

This retreat will provide an opportunity to consider how you have, and might, create and hold space for the courageous processes of adjusting to change because “the important thing is this: to be able at any moment to sacrifice what we are for what we could become” (Charles DuBos). “Every beginning is a consequence – every beginning ends something” (Paul Valery) and changes happen through relationships, jobs, organisations and lives beginning and ending. Change can be a place where necessity meets opportunity; you may wish to change ways of being and doing that are no longer fruitful for you.

What to expect:

“Holding Space for a Changing World” is a retreat based on the approach to reflective inquiry of sociologist, educator, author and activist, **Parker Palmer** and the Center for Courage & Renewal. Skilled facilitators help to create a quiet, focused, and disciplined space—a Circle of Trust®, in which around 15 people work together to hold a space for honest dialogue. The Circle of Trust® approach encourages and enables each of us to listen to ourselves and to others with mindful attention, compassion, courage, and wonder.

You will be invited and supported to explore your understanding and experiences of holding space through different mediums, including imagery from the natural world, artistic activities and invitational poems and stories, which can help us uncover and enjoy our own and others’ creativity and insights.

Meet Your Facilitators



Noela Maletz M Soc Sc, BA, Dip Ed I am an educator, psychotherapist and visual artist who also loves to write. More than thirty years ago I worked with others to establish a Waldorf School and then a Social Therapy Centre for people with disabilities in Adelaide, working in both of these places. Most of my current work is in private practice as a psychotherapist and supervisor. I formerly lectured at both Adelaide University (Critical Thinking and Communication) and the University of South Australia (Counselling Education).

I am inspired by the work of Parker Palmer and as a facilitator with the Centre for Courage and Renewal, offer retreats in Adelaide and interstate. In my practice and in retreats I strive to encourage people to listen to their inner teacher and their life intentions, and to live patiently with their questions.

I offer each person my wholehearted attention, my abundant interest, my searching curiosity and my willingness to be, alongside them, an existential explorer of an issue, a theme, a block or a way forward ... or just a soul-ful companion.



Leanne Nearmy M Soc Sc Couns, B Tch, Dip TAA I am a counsellor, educator and Facilitator with the Centre for Courage and Renewal. I have taught in Primary Schools through to TAFESA, and in staff professional development for over 25 years. I have also worked within the Community & Youth Sectors across Australia. I am an avid gardener and creator who is currently holding space for my class of 8yr old's in a Northern Suburbs Primary School as well as finding time for my family.

I have been an ongoing activist in the LGBTIQ community, having offered advocacy and training to workplaces & community groups. I have also been involved in supporting the development and delivery of Aboriginal and Torres Strait Islander Cultural Safety training in TAFESA for students, staff and industry. I have been involved in the co-design and delivery of training for the community services sector in the areas of Mental Health and Adolescent Services. I am passionate about creating welcoming open spaces for people to learn, explore, create and grow.

About Our Venue

The Monastery, Cross Road, Glen Osmond South Australia 5061 www.themonastery.net.au
The centre is located approximately 15 mins by car or bus from Adelaide CBD and 30 mins from Adelaide Airport. Its historic buildings and Sacred Garden provide a small sanctuary of quiet and beauty close to the city.



Registration and Details

To register for this retreat: <http://www.engageconnecttc.com/registration-forms.php>

Cost: \$675 – all inclusive of materials, food and accommodation in a single occupancy room, with shared bathroom. A deposit of \$100 is payable upon registration.

Early Bird Discount: Register by August 20, 2019 and pay \$600.

Registration Deadline: Please register by September 1, 2019.

Participation: Participation is limited to 20 participants.

Cancellation Policy: We understand that life can present unforeseen challenges and that changes occur. You will receive a refund less the \$100 non-refundable deposit when you notify us in writing at least 3 weeks before the program begins. No refund or credit will be given if we receive your cancellation less than two weeks before the program start date. Note: Organisers will reserve the right to cancel the retreat should circumstances require it. In this case all registrants will receive a full refund. This does not extend to participant travel expenses.

Questions about this retreat?

Contact Noela – 0431865815 or at noela@kern.com.au